

Challenge YOUR kids to do one activity every day. It's a great way to learn a few new games and activities, while filling those "I'm bored!" moments.

- Obstacle Course
- Scavenger Hunt
- Water Balloons – outside only
- Collect Bugs
- Study a spider web
- 3-legged races
- Wash the dog
- Wash the car
- Paint outdoors
- Stargazing
- Plant a garden
- Camp in the backyard
- Eat watermelon in big wedges
- Look for 4-leaf clovers
- Splash in puddles
- Build a bird house or feeder
- Make a paper hat
- Make a paper boat and see if it floats
- Decorate a T-shirt
- Send postcards to family & friends
- Finger painting
- Make your own Play-doh
- Make a necklace out of beads or pasta
- Write an autobiography
- Have a fashion show
- Bubbles
- Hula Hoops
- Jump Ropes
- Rearrange your bedroom
- Have a PJ Party
- Watch the clouds
- Create a movie or play
- Make up a story - Illustrate it
- Have a talent show in your backyard
- Learn a Line Dance
- Practice tongue twisters
- Learn to juggle
- Create a house of cards
- Have paper airplane races
- Bob for apples
- Make a Rope Swing
- Hopscotch
- Hide and Seek
- Red Light Green Light
- Dodge Ball
- Learn a YoYo trick
- Play H-O-R-S-E
- Egg Toss
- Make shadow puppets
- Line up dominoes and watch them drop
- Play with Shaving Cream & food coloring
- Create a musical instrument out of recyclables
- Make a box town out of old boxes
- Research careers (such as a firefighter, dentist, hairdresser, or lifeguard)
- Learn string games like Cats in the Cradle
- Have a picnic on the living room floor
- Learn clapping games like Miss Mary Mack
- Play cards (Crazy 8s, War, Rummy)
- Family game night
- Watch old home movies or look at old pictures
- Have a watermelon seed spitting contest
- Build a fort
- Fly a Kite
- Play capture the flag
- Play Freeze Tag
- Tell scary stories in the dark
- Go for a hike
- Learn sign language
- Learn Morse Code
- Build a toothpick bridge or building
- Walk the dog
- Play chess or checkers

- Play charades
- Have a bubble-blowing contest
- Climb a tree
- Do blind taste tests with various drinks and food
- Solve a crossword or word search puzzle
- Make butterflies from coffee filters
- Play hangman or tic-tac-toe
- Dance to 50s music (or any era)
- Play free online games
- Jump rope - Try double dutch
- Make a time capsule
- Learn how to read a map
- Play hot potato
- Have breakfast for dinner
- Make homemade pizza
- Have thumb wars
- Arm wrestle
- Give each other crazy or fancy hair dos
- Have a relay race
- Make your own pet rock
- Play "I Spy"
- Put together a puzzle
- Play "20 questions"
- Make a fort or car out of a large appliance box
- Try to make each other laugh
- Create something with beads
- Write a secret message in "mirror image"
- Have a staring contest
- Speak Pig Latin
- Create a secret code - Send each other messages
- Play Simon Says
- Play Ping Pong